

**FOR A MEDICAL EMERGENCY IN THE COATEPEC-XICO-XALAPA AREA:**

**IN A MEDICAL EMERGENCY CALL AN AMBULANCE at 066**

**066 IS THE EMERGENCY PHONE NUMBER IN OUR AREA, LIKE 911 IN THE US.**

**SAY: “Necesito ambulancia” or “Tengo una emergencia médica”**

**Emergency Information: Fill in this form. Make a copy for your wallet. Use Spanish where applicable. If you can’t speak it, you can show this form to the paramedics.**

<b>Name/Nombre</b>	
<b>Address/Dirección</b>	
<b>Tel. number/Número de teléfono</b>	
<b>Medical conditions/Problemas médicos (Diabetes, for example)</b>	
<b>Medications I am taking and doses/Medicamentos que uso y dosis</b>	
<b>Allergies/Alergias</b>	
<b>Blood type/grupo sanguíneo</b>	
<b>Name and address of emergency contact (especially a bilingual person)/En caso de emergencia, contacte.</b>	

**When you should call an ambulance at 066: Learn the Spanish, especially for problems you know you have. You can list additional problems. Learn the Spanish for them.**

<b>ENGLISH</b>	<b>SPANISH</b>
Anaphylactic shock	<i>Choque (shock) anafiláctico</i>
Concussion	<i>Conmoción cerebral</i>
Consciousness, sudden loss of	<i>Deterioro agudo de la conciencia</i>
Diabetic crisis	<i>Crisis diabética</i>
Epileptic crisis	<i>Crisis epiléptica</i>
Fainting with loss of consciousness for more than brief time	<i>Perdido de conciencia para más que tiempo breve. (sincope)</i>
Diabetic crisis	<i>Crisis diabética</i>
Heart attack	<i>Infarto cardiaco</i>

<b>ENGLISH</b>	<b>SPANISH</b>
Heart not beating	<i>Paro cardiaco</i>
Hemorrhaging, acute	<i>Hemorragias agudas</i>
Medicine, adverse reaction to	<i>Razones adversos a medicina</i>
Multiple trauma	<i>Trauma multiple</i>
Penetrating wounds	<i>Heridas penetrantes</i>
Respiratory failure	<i>Paro respiratorio; no poder respirar</i>
Respiratory insufficiency	<i>Insuficiencia respiratoria</i>
Stroke	<i>Derrame cerebral</i>

**The ambulance will take you to a hospital with an emergency room in Xalapa.**